



Health Education School Reentry Resources

[SHAPE America Health Education School Reentry Webinar recording and PPT](#)

[SHAPE America's 2020-2021 School Reentry Considerations: K-12 Physical Education, Health Education, and Physical Activity](#)

This document is intended to guide administrators, staff, and teachers as they prepare an environment for safe and supportive instruction using one of three models of learning: in-school instruction with physical distancing; distance learning; or hybrid learning.

[SHAPE America School Reentry Considerations Teaching Strategies Workbook](#)

This workbook is a companion document to SHAPE America's *2020-2021 School Reentry Considerations: K-12 Physical Education, Health Education, and Physical Activity*. Use the workbook to explore teaching strategies for health and physical education related to: Equity, Inclusion and Accessibility, Social and Emotional Learning, Trauma-Sensitive Learning Environment, and Student Assessment.

[SHAPE America Virtual Resources for Health and Physical Education #HPEatHome](#)

This collection of resources from SHAPE America and other K-12 health and physical educators will help you continue to provide high-quality, standards-based lessons despite the circumstances surrounding COVID-19. Adapt, repurpose or use the resources provided as you see fit to best meet your needs.

[health. moves. minds.](#)

SHAPE America's service-learning program inspires healthy habits, fuels active minds, and teaches kids to thrive physically and emotionally. The program offers resources for HPE teachers to integrate into instruction, centering on social and emotional learning.

[SHAPE America School Reentry Considerations At-Home Student Survey Template](#)

Conducting an at-home student survey can help you learn more about your students and their home environment, which is especially important during this time of COVID-19. The template provided is intended as a starting point; customize it to suit your situation.

[CDC EPA-Approved Disinfectants for COVID-19](#)

A resource to help understand approved disinfectants for equipment and spaces, as well as how to disinfect items appropriately.



[CDC Signage, Print Materials & Infographics](#)

Teachers may want to post signs as reminders for healthy habits. These materials are free for download and were developed by the CDC to support COVID-19 recommendations.

Content Specific Resources:

- **Social and Emotional Learning**
 - [SEL and HE best practices](#)
 - [SEL introduction](#)
 - [SHAPE America blog post](#)
 - Professional Development on SEL
 - <https://openphysed.teachable.com/>
- **Trauma-Sensitive Teaching**
 - [Creating a trauma-sensitive environment](#)
 - <https://traumasensitiveschools.org/>
 - [Trauma informed teaching strategies](#)
- **[Springboard to Active Schools](#)**
 - Physical activity breaks in the classroom
- **Project-Based Learning in HE**
 - <http://thehealthteacher.com/tag/project-based-learning/>
 - [PBL in an online environment](#)

Technology/Presentation Resources:

- [Buncee](#) – A web-based tool for creating interactive multimedia presentations. The user can integrate content from both external and internal sources as well as create content directly on each slide.
- [Google Classroom](#) – Makes teaching more productive and meaningful by streamlining assignments, boosting collaboration, and fostering communication. Educators can create classes, distribute assignments, send feedback, and see everything in one place.
- [Screencastify](#) – Software to create videos for your classes.
- [Screencast-o-matic](#) – Free software to create videos for your students.



- [Pear Deck](#) – Add on to Google Slides and PowerPoint Online to make your slides interactive so every student can respond to your questions or prompts on their own screens.
- [Flipgrid](#) – A video-sharing tool that empowers students. Can be used to create video discussions and collaboration opportunities. Students can also comment on one another’s posting.
- [Padlet](#) – A virtual bulletin board. Can be used as digital post-its for question of the day/exit ticket, collaboration board, brainstorming platform, student portfolio, gratitude board, etc.
- [Edpuzzle](#) – Create interactive video lessons.
- [Quizizz](#) – Online assessment tool for formative assessments (similar to Kahoot).
- [Poll Everywhere](#) –Online polling platform to help with live assessment and checking for understanding.

Scott Todnem’s Resource Suggestions

- [LifelsTheFuture.com](#) - Check out “The Classroom” tab
 - Goal Setting ([Wellness Plan](#))
 - Self-Management/SEL ([Mindfulness Activities](#))
 - Decision Making ([Is It Consensual?](#))
- Class [YouTube](#) page
 - Analyzing Influences ([Shoelace Jumprope](#))
 - Self-Management ([Tennis Ball Resiliency](#))
- [Life Is The Future](#) Podcast
 - Search student-led podcasts (Seasons 1 & 2)

Melanie’s Virtual Classroom Resource Suggestions:

- Making a [virtual classroom](#) in Google.
- [Blank classrooms](#) with objects to insert
- How to add [glitter fonts and texture](#) to your virtual classroom.
- Adding your [animated bitmoji](#) into your virtual classroom.
- Add other people’s [bitmoji](#) into your virtual classroom.
- Making your pictures have [transparent backgrounds](#).
- Making your videos have [transparent backgrounds](#).
- Taking your virtual classroom to the [next level](#).
- Making a [movie trailer](#) to advertise your classroom.



Resources Shared by Webinar Attendees:

- <https://www.ohahperd.org/oahperd-health-education-model-curriculum>
- <http://kahperd.com/health-education-virtual-professional-development/>
- <https://www.edutopia.org/sites/default/files/pdfs/blogs/edutopia-finley-53ways-check-for-understanding.pdf>
- [Free Performance Assessment Toolkit \(writing strong prompts in health ed!\)](#)
- [Hawaii DOE Virtual Resource Room](#)
- [Goformative is a great tool for quick formative assessments and it works with Google Classroom](#)
- [RMC Health Skills Models](#)
- [Skills-Based health ed on our YouTube channe!](#) (Cairn Guidance and Jessica Lawrence)
- Goodheart-Willcox text: [Comprehensive Health Education](#) (middle school and high school versions)
- [Advocacy for Health and PE](#)